

Under 7 and 9 rules

Below is a guide to help parents with the rules for Under 7 and 9's.

A parent/carer/coach can take the field and help guide kids if this will help the kids to learn the game.

Under 7's

The rules for Under 7's are in place as the kids are learning the game at this age and helps the game to flow and not just go back and forth with each error.

- 5 a side
- 6 touches
- Dummy half is to pass the ball straight away
- Defence team **can not** run up until the dummy half has passed the ball
- Drop balls, forward pass, touch pass will be counted as a touch. The referee will blow the whistle, inform the kids what has happened and count it as a touch.
- Over the mark is also a penalty, there is where the kids run past the point that they were touched and then play the ball. The referee will ask the kids to take the ball back and play it where they were touched.

Under 9's

The rules for Under 9's are in place as the kids in this division are more competitive and capable than Under 7's and also assists when they transition into the next division (Under 11's) which is full field.

- 5 a side
- 6 touches
- Dummy half can run and then pass, recommended though that they pass straight away
- Defence team can run up when the dummy half touches the ball.
- Drop balls, forward pass, touch pass will be a hand over. The referee will blow the whistle, inform the kids what has happened and the ball will go to the other team.
- Over the mark is also a penalty, there is where the kids run past the point that they were touched and then play the ball. For the first few weeks the referee will ask the kids to take the ball back and play it where they were touched.